**7 Offering Ourselves Supplement Lesson**

Romans 12:1 “Present your body as a living sacrifice, holy, acceptable unto God which is your reasonable service.”

Hebrews 7:27 “Who needs not daily, as those high priests, to offer up sacrifice, first for his own sins, and then for the people’s: for this he did once, when he offered up himself.”

Hebrews 10:12,13 “But this man, after he had offered one sacrifice for sins, forever, sat down on the right hand of God. From henceforth expecting till his enemies be made his footstool.”

Matthew 16:24 “If anyone wishes to follow me, he must deny himself and

take up his cross and follow me.”

**Questions:**

If Jesus offered himself up for us, why do we have to offer ourselves? (reasonable service…Romans 12:1)

Can we hold back some things that maybe God would not like us to be doing or saying?

Matthew 16:24 says we must deny ourselves. How do we do this?

**Confessions:**

Lord, forgive me of my sins.

I take you as Lord of my life…not just Savior.

I will do what you tell me to do.

I will listen for you and read your word and pray.

I will obey what you say.

I will be a living sacrifice for you.