**41 Running the Race Supplement Lesson**

Ps. 18:29 “For by thee I have run thru a troop; and by my God have I leaped over a wall.”

Isaiah 40:31 “But they that wait upon the Lord shall renew their strength; they shall

 Mount up with wings as eagles; they shall run, and not be weary; they

 Shall Walk and not faint.”

Hebrews 12:1 “Wherefore seeing we also are compassed about with so great a cloud of

 Witnesses, let us lay aside every weight, and the sin which does so easily

 Beset us, and let us run with patience the race that is set before us.”

**Questions:**

With the Holy Spirit, are we to conquer the sin in our lives?

Is it important to get into that secret place every day?

Jesus knows how to win every war we have, right?

According to Isaiah 40:31, We shall \_\_\_\_\_\_\_\_\_, and not be weary; we shall \_\_\_\_\_\_\_\_\_and not faint.”

**Confessions:**

I will run this race to win.

I will put my body under.

Jesus is my commander in Chief leading me all the way.

I am strong in the Lord and in the power of His might.