**19 Sealed in the Holy Spirit Supplement Lesson**

Romans 12:2 “And be not conformed to this world: but be you transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.”

2 Corinthians 4:16 “Our outward man perishes, yet the inward man is renewed day by day.”

Ephesians 4:22-24 “Put off concerning the former conversations the old man which is corrupt according to the deceitful lusts: and be renewed in the spirit of your mind…And put on the new man which after God is created in righteousness and holiness.”

Philippians 4:8 “Whatsoever things are true, honest, just, pure, lovely, of good report, of virtue, of any praise…..think on these things.”

**Questions:**

Are we supposed to watch what we say? Why?

Are we supposed to be careful what we are thinking about?

What does the bible say about our “stinking” thinking?

What is this new man and old man stuff about?

**Confessions:**

I will renew my mind.

I will bring every thought captive.

I will not be conformed to this world.

I will not have close friends who are sinners.

I will think on the good things the Lord told me to.

` I will know the perfect will of God for my life.